



Ancient Folk Wisdom and Magic can still be found under the trees in Ireland

Storytelling

Foraging

Forest Bathing

Ogham Writing






Myth & Magic

Gallivanting.ie doesn't just offer guided woodland walks, this is a transformative experience that connects you to the land of your Ancestors like no other experience will.

Owned and operated by Seanacháí (storyteller) and 8th Generation Bean Feasa (Wise Woman) Lorraine O'Dwyer. Gallivanting.ie is an Green Tourism Award winning experience provider that offers a range of walks and workshops that will immerse you in an ancient world of Warriors and Goddesses, superstition, folk medicine.& magic.

Under ancient Oaks we will experiment with natural inks, taste medieval cures and even learn a few handy bushskills as we explore one of the oldest Woodlands in Ireland or Glendalough, one of the most sacred Valleys on the island.

Key Highlights Include

-  **Nature** - Experience a primeval *Temperate Celtic Rainforest* or one of Irelands most iconic Sacred Sites
-  **History** - Hear our oldest stories, dating back over 5000 years told by a professional Seanacháí (Storyteller)
-  **Taste** - Wild flowers & edible plants, and a refreshing sparkling nettle drink
-  **Touch** - Use a quill and AlderCone Ink to sign your name, make soap from leaves and allow the nettle to sting!
-  **Magic**- Uncover the links with ancient Celtic Earth worship and modern paganism

gallivantingireland@gmail.com

www.gallivanting.ie

353 (0) 87 924 7103





Recenter, reconnect, and bring renewed energy to your gang

If you are looking for a group activity that's unlike anything else, consider a morning spent gallivanting!

Bespoke walks can be facilitated for any size group and anywhere in the South East of Ireland!

Get in touch and let us design the perfect day for you and your friends and family!

Suggested Ideas

- A foraging walk held on your own local walking trails
- A wild foods foraging picnic
- Stories, Myth and Legend from your locality
- Forest bathing and nature wellness session w a picnic lunch
- Catering for groups of 5 to 30 people



The Bean Feasa - The Wise Women

The role of the Bean Feasa may have changed over the centuries, but she is still here!

Our Grandmothers may have tended to their local community, neighbours and friends. But today in this global village, our community has grown and Wise women around the world are connecting.

Are you looking for someone or something? Perhaps I can help.

Over the years, I have helped visitors conduct Ancestral Healing Rituals, facilitated Naming ceremonies, Pre-Handfasting Circles, and have had so many women on Healing Journeys find their path.

For specialist groups I work with Cait Branigan, A Celtic Shamanic Priestess. This work was subject to an ARTE documentary in 2023.

I also regularly work with small tour operators facilitating the above as well as further consultancy and support to create exceptional Spiritual Tours of Ireland, To date we have worked with groups from all over the US, the UK, The Netherlands, France and Germany.

If I cant help, I can find someone who can! So reach out and let me help you create the ultimate Irish Retreat!



Green
Tourism
SILVER

TOP-RATED ON
tripadvisor

Further Information

Location: Courtown Woods, Gorey Co Wexford

Duration: 2.5 Hours

Fitness Levels: Mild levels of fitness needed; this is a ramble, not a hike!

Wheelchair accessible routes available if required

Cost: €35pp, Group rates available

Group size: 5 to 30 people - Dog-friendly options available on request

Availability: Available from late February to Early November (best between April and September)

Location: If Courtown doesn't suit your needs, walks can be held in other locations. I have run walks across the South East of the country from Tipperary to North County Dublin.. Please get in touch if you would like more information

Wild Skills & Woodland Wisdom



Nature-Based Learning Experiences for Schools

Could your students survive in the wild... even for a day?

Give your students a day of discovery, curiosity, and real-world learning in the outdoors. Gallivanting, based in Gorey, North Wexford offers immersive, curriculum-aligned nature experiences designed for primary and secondary school groups. Through hands-on activities, storytelling, and exploration, students connect with the natural world while building confidence, teamwork, and practical life skills

What Students Will Experience

- Learn how to identify useful wild plants (including natural remedies and “nature soap”)
- Discover the hidden underground world of the mycelium network
- Build nature awareness through observation and sensory activities
- Explore Irish words and heritage connected to the landscape
- Spot signs of wildlife, including woodpecker activity and large nesting sites
- Engage in storytelling rooted in Irish folklore and tradition

Where ancient knowledge meets curious young minds

Wild Skills & Woodland Wisdom

Learning Outcomes

Students will:

- Develop observation, problem-solving, and critical thinking skills
- Build confidence and resilience through outdoor challenges
- Strengthen teamwork and communication
- Gain a deeper understanding of biodiversity and ecosystems
- Connect classroom learning to real-world environments

Curriculum Links

- SESE / Geography & Science: habitats, biodiversity, ecosystems
- SPHE / Wellbeing: confidence, teamwork, emotional wellbeing
- Gaeilge: nature vocabulary and cultural connection
- Secondary Level: ecology, sustainability, environmental awareness
- TY Award Certification

Why Teachers Choose Gallivanting

- Safe, structured, and fully guided experiences
- Engaging for mixed abilities and learning styles
- Encourages active participation and curiosity
- Supports wellbeing and outdoor learning objectives
- Memorable, meaningful experiences students will talk about long after

Practical Details

- Located in Co. Wexford – approx. 1 hour from Dublin
- Suitable for ages 7+ through secondary level
- Group Sizes accommodated 10- 35 people
- Half-day and full-day options available
- Can be tailored to suit your group's needs and curriculum focus
- Teachers and Classroom Supervisors must attend
- €10 per student. Group Rates available
- Home School Experiences also available
- Available from April through to October



Where stories once passed from fireside to fireside are shared with a new generation.....

Bring the tradition of the seanchaí to life in your classroom or school hall. Gallivanting offers engaging, age-appropriate storytelling sessions inspired by local folklore, Irish mythology, and the everyday lives of children in the 17th and 18th centuries. Students will hear tales rooted in their own landscape, explore how people lived, learned, and played in the past, and connect with Ireland's rich oral heritage in an interactive and memorable way.

This option is ideal as a standalone visit or as part of a broader experience, and is not weather dependent!

Duration: 1 hour

Cost €150

Can be tailored to include school or local history

Professional storyteller: Lorraine has performed across Ireland, the UK and France, and has appeared on Irish and US television

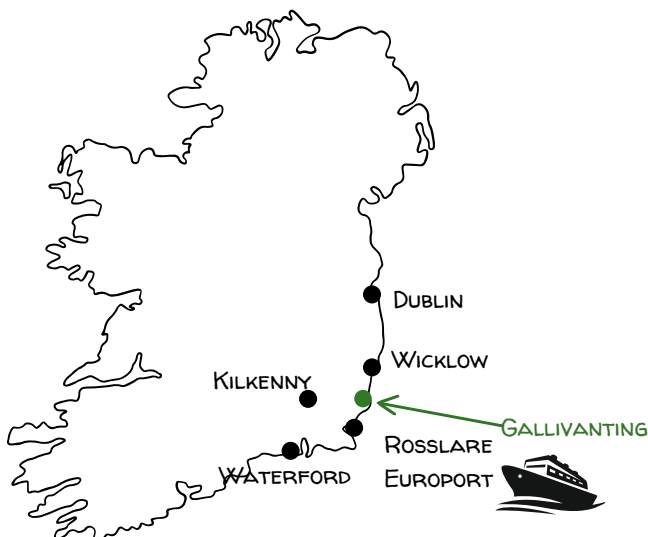
Topics Covered: can include local folklore, pirates, highwaymen, warriors and Goddesses, Normans and Vikings.



General Information

Gallivanting.ie was established in 2017 Based in Gorey, North Wexford, the "Cornerstone of Irelands Ancient East" which is ideally placed being approx 1 hour from Dublin, Kilkenny, and Rosslare Europort and less than 30 min from Wicklow.

- Public Walking Tours run weekly from February to October, Privately booked Walking Tours can be booked at any time of the year.
- Storytelling services are available all year.
- Experiences are designed fto be inclusive, but please let us know beforehand if you are using aides or a wheelchair to ensure we can use the most comfortable route for you.
- Group Experiences are tailored to the Tour Operators budgets and needs



Booking Information

Contact Lorraine
GallivantingIreland@gmail.com

353 (0) 87 9244 71303

gallivantingIreland@gmail.com

www.gallivanting.ie

353 (0) 87 924 7103

